

September 2021 - COVID 19 Specific Information for Testing, Tracing and Isolating

If you suspect your child has coronavirus or has a positive test

Please do not send your child to school if:

they are showing one or more <u>coronavirus</u> (COVID-19) <u>symptoms</u>

The main symptoms of coronavirus (COVID-19) are:

- a high temperature this means you feel hot to touch on your chest or back
- a new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal
- they have had a positive test result
- there are other reasons requiring them to stay at home, for example, they are <u>required to</u> <u>quarantine</u>

You should follow public health advice on when to self-isolate and what to do.

When to self-isolate

Self-isolate straight away and get a <u>PCR test (a test that is sent to the lab) on GOV.UK</u> as soon as possible if you have any of these 3 symptoms of COVID-19, even if they are mild:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

You should also self-isolate straight away if:

- you've tested positive for COVID-19 this means you have the virus
- someone you live with has symptoms or tested positive (unless you are not required to selfisolate – check below if this applies to you)
- you've been told to self-isolate following contact with someone who tested positive <u>find</u>
 out what to do if you're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app

When you do not need to self-isolate

If someone you live with has symptoms of COVID-19, or has tested positive for COVID-19, you will not need to self-isolate if any of the following apply:

- you're fully vaccinated this means 14 days have passed since your final dose of a COVID-19 vaccine given by the NHS
- you're under 18 years, 6 months old
- you're taking part or have taken part in a COVID-19 vaccine trial
- you're not able to get vaccinated for medical reasons

Even if you do not have symptoms, you should still:

- get a <u>PCR test on GOV.UK</u> to check if you have COVID-19
- follow advice on <u>how to avoid catching and spreading COVID-19</u>
- consider limiting contact with people who are at higher risk from COVID-19

The Department for Education states that 'if you insist on your child attending nursery, school, or college when they have symptoms, they can take the decision to refuse your child if, in their reasonable judgement, it is necessary to protect other pupils and staff from possible infection with COVID-19. Their decision would need to be carefully considered in light of all the circumstances and current public health advice.'

Tracing and self-isolation

Schools ceased to require to trace close contacts up to and including 18 July. From 19 July, as with positive cases in any other setting, NHS Test and Trace will work with the positive case and/or their parents to identify close contacts. This is likely to be a small number of individuals who would be most at risk of contracting COVID-19 due to the nature of the close contact. As parents or carers, you may be contacted to help with identifying close contacts. You may need to contact us at school for advice on potential close contacts.

Individuals are not required to self-isolate if they live in the same household as someone with COVID-19, or are a close contact of someone with COVID-19, and any of the following apply:

- · they are fully vaccinated
- they are below the age of 18 years and 6 months
- they have taken part in or are currently part of an approved COVID-19 vaccine trial
- they are not able to get vaccinated for medical reasons

Instead, NHS Test and Trace will inform affected individuals, children or their parents or carers that they have been in close contact with a positive case, and advise them to take a PCR test. We would encourage all individuals to take a PCR test if advised to do so.

Children and young people aged under 18 years 6 months who usually attend school who have been identified as a close contact should continue to attend school as normal. They do not need to wear a face covering within the school, but it is expected and recommended that these are worn when travelling on public or dedicated transport. Further information is available in the stay at home: guidance for households.

If there is a substantial increase in the number of positive cases in our school or if our school is in an enhanced response area, we might be advised that some control measures need to be temporarily reintroduced.

Further details for parents can be found at

https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak/step-4-update-what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges